

**4th SUNDAY OF PASCHA — Tone 3. Ven. Pachomius the Great, Founder of Cœnobitic Monasticism (348 A.D.). Paralytic.** Saint Isaiah the Wonderworker, Bishop of Rostov (1090). The Holy Right-believing Tsarevich Dēmétrios of Uglich and Moscow (1591). Ven. Isaiah, Wonderworker of the Kiev Caves (1115). Ven. Pachomius—Abbot, and Silvanus, of Nerekhta (1384). Ven. Evfrosin (Euphrosynus) the Wonderworker, Abbot of Pskov, and his disciple, Ven. Serapion (Pskov—1481). St. Achilles, Bishop of Larissa (4th c.)

<b>Acts 9:32-42</b>	<b>John 5:1-15</b>
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With His one word alone, the Lord healed an invalid who had lain for 38 years near a healing pool, hoping to be made well, but vainly. And raising him up from his sick bed, He cautioned him respecting the future: “Sin no more, lest a worse thing come unto thee” (St. John 5:14). With these portentous words, the Lord indicated that the cause of the unfortunate man’s fearful infirmities lay in the sins who had previously committed. In addition, he warned that sin inevitable brings with it not only such dire disease as paralysis, but even more dreadful ills.

“Sin no more!” — it is the words of Christ’s warning that should be the principle, founding motto, of our human existence. He who forgets this great God-given truth will have vainly wasted his efforts in making his own life as well as the lives of other people peaceful, joyous, prosperous, and happy. He who loves sinning will inevitable sooner or later fall prey to the oppressive affliction of the spiritual and physical feebleness. The sufferings of body and of soul will be his lot, and in the life hereafter — everlasting, unremitting torment.

Is it not in this position of the infirm man, lying helplessly by the Sheep’s Gate pool, that all mankind finds itself today, madly rejecting Christ the Savior, refusing to acknowledge the existence of sin as such, and seeking various paths of life and salvation other than those which Christ, Our Lord, points out to us? Sin reigns ruthlessly among the people of today, smiting both the body and soul with its death-wielding venom. And for so long as sin maintains its dominion, there can be no liberation or deliverance from the world from all the evils that best it, and it is even meaningless to talk of its prosperity and preservation.

It would seem that experience in life should long since have made this clear and comprehensible to everyone, but Alas! engulfed in the depths of sinful life, led about by diabolical pride and culpable self-love, self-confident people, who put their trust in themselves alone, easily forget the lessons which life itself teaches them ... According to Church tradition, that is exactly what happened to the invalid upon whom the Lord had shed His bounty... The lesson for the fourth week after Pascha, the week of the invalid, says that this infirm man, so wondrously healed by the Lord, was the very man who struck

Our Lord Jesus Christ upon the cheek during the trial before the High Priest (St. John 18:22). -- by *Archbishop Averky*

**SCHEDULE**

**Saturday, May 14**.....6:00pm Great Vespers

**Sunday, May 15**.....9:30am Third & Sixth Hours  
*Sunday of the Paralytic* 10:00am Divine Liturgy  
 12:30pm *Baptism of Anastasia Leon*

**Sunday, May 22**.....9:30am Third Hour  
 9:45am General Confession  
 10:00am Divine Liturgy  
 Parish Council Meeting

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*Welcome to all our visitors.*

*Whether you are attending in person or watching from home, we are happy to have you join us in worship.*

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**THANK YOU** to the men of the Parish Council, Peter Dardaganis and his kitchen crew, and the others who helped in hosting Coffee Hour on Mother’s Day. God bless their efforts and grant them Many Years!

**MANY THANKS** to Barbara and Stephen Babich for donating flowers for the altar and carnations for the mothers of Holy Trinity on Mother’s Day this year, as they have done in the past. God grant them Many Blessed Years!

**CARE COMMITTEE** is back! After more than a two-year hiatus since the last meeting, Matushka Kerri is looking forward to having the Care Committee begin meeting again. If you are interested in joining, please attend our first meeting on Sunday, May 22<sup>nd</sup> after Liturgy. All are welcome to join. If you cannot be at the meeting but would still like to join, email Matushka Kerri at [matkerri@gmail.com](mailto:matkerri@gmail.com)

**2022 GRADUATES** – We would like to recognize all Holy Trinity members who are graduating this year. Please submit their names to Fr. David (contact info on cover page of the bulletin) or Marian Babiak at [mbabs.qwerty@gmail.com](mailto:mbabs.qwerty@gmail.com) or 908-347-8313.

## REMINDERS

**TASTE OF NORTH JERSEY** event to help Ukrainian refugees will be held on Saturday, May 21<sup>st</sup>, at Assumption of the Holy Virgin Orthodox Church in Clifton, NJ. For details see the item in the weekly email update for May 8<sup>th</sup>.

**COFFEE HOUR** – Please consider hosting a Coffee Hour. There are several upcoming Sundays for which we have no volunteers. A sign-up sheet is provided in the narthex.

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### Sunday of the Paralytic

#### Kontakion – Tone 3

*By Your divine intercession, O Lord, / as You raised up the paralytic of old, / so raise up my soul, paralyzed by sins and thoughtless acts; / so that being saved I may sing to You: / “Glory to Your power, O compassionate Christ!”*

*“Whenever we enter the church and draw near to the heavenly mysteries, we ought to approach with all humility and fear, both because of the presence of the angelic powers and out of the reverence due to the sacred oblation; for as the Angels are said to have stood by the Lord’s body when it lay in the tomb, so we must believe that they are present in the celebration of the Mysteries of His most sacred Body at the time of consecration.”*

+ St. Bede the Venerable

*“You should be afraid not of cholera, but of serious sins, for the scythe of death mows a person down like grass even without cholera. Therefore, place all your hope in the Lord God, without Whose will even the birds do not die, much less a person.”*

+ St. Anthony of Optina

*“Understand the words of Holy Scripture by putting them into practice, and do not fill yourself with conceit by expatiating on theoretical ideas.”*

+ St. Mark the Ascetic

## Holy Trinity Orthodox Church

*Offering the Fullness of the Christian Faith*

Orthodox Church in America

Diocese of New York and New Jersey

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Mitred Archpriest George Hasenecz, Attached

Carol Wetmore, Choir Director



*Sunday of the Paralytic*  
**May 15, 2022**